

# Sarah N. Wilson L.Ac.

## Acupuncturist/Health Educator

### CLINICAL EXPERIENCE

**1991-2019** **Acupuncturist** **Minneapolis, MN**

***Private Practice***

Treatment methods include acupuncture, electro-acupuncture, moxibustion, acupressure, wellness counseling.

**1993-2005** **Minnesota Indian Women's Resource Center** **Minneapolis, MN**

***Educator, Acupuncturist***

Created a wellness center that utilized acupuncture, acupressure, herbs and educational tools to benefit women and children who participated in the Resource Center's Pregnancy, Elderly and Chemical Addiction programs. Provided trainings about wellness, holistic health and prevention to remote Native American communities.

**2005** **Shakopee Women's Correctional Facility** **Shakopee, MN**

***Acupuncturist***

**1989-2010** **Served as an acupuncturist at these facilities**

**Health Partners Mental Health Facility, St. Paul**

Mental health

**Health Recovery Center, Minneapolis**

Drug and alcohol addiction

**Crocus Hill Health Center St. Paul**

General health

**QuanYin Healing Arts Clinic, San Francisco**

HIV patients

**Golden Gate Acupuncture Clinic, San Francisco**

Low income and homeless

**Market Street Clinic, San Francisco**

General health

### EDUCATION

**2007-2009** **Goddard College** **Plainfield, VT**

*BA, Health Arts and Science*

**2008** **Salt Institute for Documentary Studies** **Portland, ME**

*Produced radio documentary about Narrative Medicine*

**1987-2001** **San Francisco College of Acupuncture** **San Francisco, CA**

*Masters level degree in Traditional Chinese Medicine*

### ACTIVITIES

- Taught auricular acupuncture at Northwestern Health Sciences University
- Taught National Acupuncture Exam Preparation courses
- Active Tai Chi practice since 1980: Guang Ping Yang style long form
- Organized and taught many workshops and lectures regarding preventative health measures, traditional Chinese Medicine, Tai Chi and Qi Gong
- Practices Insight vipassana meditation, 2 year leadership training through Common Ground Meditation Center, Mpls